

February Cobra Gymnastics and Dance 2019 Newsletter

Session 2 is underway! Spots still available!

We are now in week 2 of the second session and everyone is excited! We do still have some spots available in some of our classes. We can take registrations all the way up to week 11 and will prorate the tuition. Please call or email us to register.

Class Openings

Monday

Jr. Warrior Training, 5:45-6:45pm, Ages 5-7 - 1 opening

Tuesday

Girls Level 1 Rec , 4:00-5:00pm, Ages K-7 - 2 openings

Girls Level 1 & 2 Rec, 5:00-6:00pm, Ages 8+ - 4 openings

Adv Rec Levels 2 & 3, 6:00-8:00pm, Ages 7+ - 1 opening

Wednesday

Pre-School, 9:30-10:15am, Ages 3-5 - 3 openings

Parent/Child, 10:30-11:15am, Ages 18-36mths - 10 openings

Pre-School, 1:00-1:45pm, Ages 3-5 - 2 openings

Girls & Boys Level 1/2 Rec - 4:00-5:00pm, Ages K-9 - 1 opening

Pre-School, 6:00-6:45pm, Ages 4-5, 1 opening

Thursday

Parent/Child, 4:00-4:45pm, Ages 18-36mths - 4 openings

Girls Level 1 Rec, 4:45-5:45pm, Ages K-8 - 1 opening

Friday

Adv Rec Levels 2 & 3, 4:00-6:00pm, Ages 7+ - 1 opening

Saturday

Girls & Boys Level 1/2 Rec, 11:00-12:00pm, Ages K-10 - 3 openings

Tuition

Please note that deposits and the 1st week payments are now past due. You can access our online payment portal via our website to make a payment or stop by the desk! The second half of tuition will be due week 5, which is the week of March 4th.

Holiday Closures & Winter Weather Policy

Cobra will be closed February 18th - 23rd, 2019 for Winter Break for all gymnastics classes. We will have very limited desk hours during this time. Our Studio closures for holiday period will be posted shortly on our website and Facebook.

Please note that in the event of inclement weather, morning classes will be cancelled by 8:00am, evening classes will be cancelled by 2:00pm. Please check our website,

Facebook, or our phone message for cancellation updates. We do not make personal phone calls or emails.

Studio Serpentine News

Have you heard about our new Men's Yoga class? Join Brian Sylvester on Tuesdays from 6:30-7:30pm where the focus will be on flexibility, strength and stress relief. Call us for info!

Please sign up for these upcoming workshops or monthly classes:

2/7 - Monthly Yoga Dance, 6:30-7:45pm

2/8 - Women's Dance Circle, 7:30-8:45pm

2/10 - Monthly Restorative Yoga: A Winter's Rest, 2:00-3:30pm

2/21 - Partner's Yoga, 6:00-8:00pm

2/24 - Monthly Yoga, 9:30-10:45am

Please check our website or our studio Facebook page, *Studio Serpentine at Cobra*, for our monthly schedule and updates!

Pre-school and Homeschool Open Gym

Pre-school Open gym is every Friday from 9:45-11:00am. Ages 18months-6 years (up to 8 years old for homeschool). 18-36 months need to be accompanied by an adult. \$10 member/\$12 non-member/\$8 registered student

Competitive Team Update

Our team girls are halfway through their season and have competed in Vermont, New York and Massachusetts. Upcoming meets for our team are the Green Mountain Invitational in Williston, VT on February 9th and 10th and The Hip Hop meet at Jstar Gymnastics in North Adams, MA on February 23rd. They will then go on to compete in Rhode Island and at the Vermont State Championships in March. Wish them Luck! Follow the Cobra Facebook page for meet updates including all of our first place finishers and some amazing photos!

SUMMER CAMPS AT COBRA!

It's time to start planning for summer. Stay tuned for exciting information about our summer camps at Cobra! We will have this information out very shortly. We can help with your camp and child care needs for summer all while the kids are having a blast!

Thank you! - Coach Shelby and Staff