

## February Cobra Gymnastics and Dance 2018 Newsletter - Happy Holidays!

### Session 2 is underway! Spots still available!

We are now in week 2 of the second session and everyone is excited! We have welcomed Coach Lindsey back to Cobra and the gym is alive and buzzing! We do still have some spots available in some of our classes. We can take registrations all the way up to week 11 and will prorate the tuition. Please call or email us to register.

### Tuition

Please note that deposits and the 1st week payments are now past due. You can access our online payment portal via our website to make a payment or stop by the desk! The second half of tuition will be due week 5, which is the week of March 5th.

### Holiday Closures & Winter Weather Policy

- Cobra will be closed February 18th - 24th, 2018 for Winter Break for all gymnastics classes. We will have very limited desk hours during this time. Our Studio closures for holiday period will be posted shortly on our website and Facebook.
- Please note that in the event of inclement weather, morning classes will be cancelled by 8:00am, evening classes will be cancelled by 2:00pm. Please check our website, Facebook, or our phone message for cancellation updates. We do not make personal phone calls or emails.

### Studio News and Upcoming Workshops!

***We have a new class on Fridays! Foundational Yoga with Rachel from 8:30-10:00am! Here are our upcoming specialty workshops:***

- **February 17th - Partner Yoga Workshop with Stephanie Jones, E-RYT** - Partner Yoga is a wonderful practice of compassion, communication, cooperation and joy. Choose a friend, family member, the love of your life, or yoga buddy and join Stephanie for this special workshop. Come with a sense of adventure and a willingness to laugh! 12:00-2:00pm
- **March 3rd - Contemporary Dance Workshop with Hanna Satterlee** - Come enjoy a collective group experience of training and evolving physically - through use of classic contemporary dance technique, fused with improvisation, composition and play. We will begin a new discovery of dancing in this lifetime. 1:00-3:00pm

*To find out more about these workshops and all our studio classes, please visit the Studio Serpentine at Cobra page on Facebook!*

### The Serpentine Dance Troupe from Cobra - Performing February 17th!

Our amazing dance troupe and also Coach Shelby will be performing at the 8th Annual Dance Showcase at The Main Street Landing Performing Arts Center in Burlington, VT on February 17th at 7pm. This is the second time they have been asked to perform and it is a huge honor for these girls! The Showcase is a fundraising event to benefit Vermont Family Network.

### Parent's Night Out and Pre-school Open Gym

- Don't forget, this Friday, February 9th is Parent's Night Out. Ages 5 and up. 6:00-9:00 PM. \$18 members/\$20 non-members/\$45 for families of 3 or more. Pizza Included!
- Pre-school Open gym is every Friday from 9:45-11:00am. Ages 18months-6 years (up to 8 years old for homeschool). 18-36 months need to be accompanied by an adult. \$10 member/\$12 non-member/\$8 registered student

### Competitive Team Update

We had our annual in-house meet here at Cobra on January 21st. The theme of the meet was The Year of The Dog. This meet is such an amazing opportunity for the gymnasts to show off their skills and talents to their local friends and family! Many success for these gymnasts!

They also competed at The Royal Meet at Regal Gymnastics on January 6th and 7th in Essex, VT and The Friendship Classic in Nashua, NH on February 3rd. Here are our 1st place finishers:

- **The Royal Meet:** Individual Gold medalist on the Bronze, Silver and Gold Xcel teams include, Sophia Cavielleri- 9.4 Vault, Cassie Smith- 9.55 Beam, Sadie White- 9.825 Beam, Ally Cerreta-9.65 Floor, Elianna Carman-9.8 Bars, Harper Wilson-9.7 Beam, Tayah Fuller- 9.125 Vault and Izabella Adams- 9.75 Bars, 9.475 Beam, 9.525 Floor & 37.45 All Around. The Junior Olympic Program includes Levels 3, 6 and 7 this season for Cobra. Gold medalists include, Jayla Eugair- 9.4 Floor, Mia Marsh- 9.575 Floor & 36.475 All Around, Nadia Tarbell- 9.150 Beam, Emma Parker- 8.625 Bars, Charlotte Swenor- 9.275 Beam, Ella Tashjian- 9.625 Vault, 9.65 Beam & 38.025 All Around.
- **Friendship Classic:** Karena Kuehl, Junior Olympic Level 6, 9.45 on Beam.

Upcoming meets for our team are The Groovin Meet at Northern Lights Gymnastics in White River Junction on 2/10 and the 2nd Vermont Sectional at Kingdom Gymnastics in St. Johnsbury on 2/11. Wish them Luck!

### SUMMER CAMPS AT COBRA!

Stay tuned for exciting information about our full day summer camps at Cobra! We will have this information out very shortly. We can help with your camp and child care needs for summer all while the kids are having a blast!

Thank you! - Coach Shelby and Staff