

Holiday Closures

We will be closed November 20th - 26th for Thanksgiving break. Enjoy your holiday!

Cobra will also be closed December 21st - January 3rd, 2018. Desk hours will be available on Facebook and our website for that time period.

Pro-shop - Sale!

We are having a leotard sale in our lobby! All leos on our white sale rack are \$22 or 2 for \$40! We will also be getting new leotards in soon along with sweatshirts, t-shirts and more for your holiday shopping!

Session Two Registration - Mark your calendar!

Session Two begins the week of January 27th. Priority registration for the next session will be December 11th - January 13th, Open registration begins on January 15th!

Studio Serpentine News

Upcoming workshops in our Studio!

November 18th - A journey through Chakras Workshop with Stephanie Jones

December 2nd - Body Percussion Rhythm Workshop with Margaret Francoeur-Dunne

December 16th - Restorative Yoga & Yoga Nidra Workshop with Stephanie Jones

Please call for more info and to register and also visit and like our studio Facebook page "Studio Serpentine at Cobra" for all of the latest studio happenings and schedule updates!

Bring-a-Friend Promotion!

We are running a promotion for some of our Parent/Child and Preschool classes! If you are a current student in one of the following classes, please bring a friend to try out our classes the week of 11/27-12/1! If your friend registers for a class for the remainder of session 1, the current student will earn \$5 in Cobra credit!

Tuesday - 9:30-10:15am - Parent/Child Class

Wednesday - 9:30-10:15am - Preschool Class

Wednesday - 1:00-1:45pm - Preschool Class

Wednesday - 6:00-6:45pm - Preschool Class

Thursday - 4:00-4:45pm - Parent/Child Class

Saturday - 10:05-10:50am - Preschool Class

Share the fun you have in our classes with your friends! Please register your friend 24 hours in advance of class!

Pre-school Open Gym/Parents Night Out

- Friday Mornings 9:15am-10:30am

This 75 minute gym time is designed to let your little ones explore our gym. 18 months – 6 years old are welcome to enjoy free play under the supervision and guidance of our coaches. 18-36 month must be accompanied by an adult.

Registered Cobra Members: \$8 Cobra Members: \$10 Drop-In: \$12

- 2nd Friday of the Month, December 8th is our next one! 6:00 - 9:00 p.m.

Drop off the kids for three hours of fun every second Friday of the month from 6-9pm. Dinner, games and gymnastics for all! No need to pre-register - just drop in!

\$18 member price, \$20 non-members, \$45 family rate for 3+ kids. Ages 5+

The Serpentine Dance Troupe and The Really Big Show!

Please help us in congratulating our amazing group of gymnasts that transformed into powerful dancers for The Really Big Show. These girls dedicated extra hours, patience, dedication and passion to deliver a beautiful message and performance. We are all exceptionally proud of these eight amazing girls - Maleah Jones, Karena Kuehl, McKenna Greene, Mia Marsh, Charlotte Swenor, Jamisyn Baker, Nadia Tarbell and Lili Zens!

Competitive Team

With anticipation and joy, our girls competitive team will begin their season this month with the Harvest Meet at Northern Lights Gymnastics on November 18/19th. Competing in VT, NY, MA & NH, they love fans and support! If you have a future Cobra Team athlete, check out our schedule online and come watch some meets!

Happy Thanksgiving! -

Coach Shelby and Staff
Cobra Gymnastics & Dance